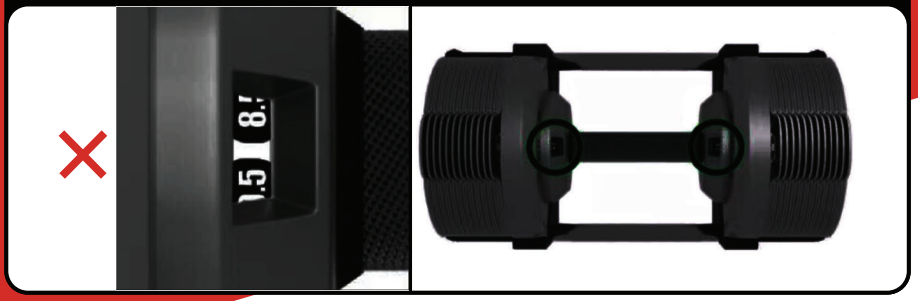
Precautions

BEFORE USE OR WHEN ADJUSTING THE GEARS,
ENSURE THAT THE NUMBERS ARE DISPLAYED CORRECTLY.

STATUS WHEN DIGITAL DISPLAY IS COMPLETE



STATUS WHEN DIGITAL DISPLAY IS INCOMPLETE



IF THE DISPLAY IS NOT SHOWING THE NUMBER CORRECTLY,
ENSURE ALL PLATES ARE CONNECTED.

STEALTH EQUIPMENT

STEALTH EQUIPMENT



Stealth Adjustable Dumbbells User Manual

Warning

1. The owner of this product must ensure that all warnings and cautions are fully understood by all users. All users must read all 4 pages of this manual throughly. Failure to do so will void the warranty.
2. When assembling, please ensure you have adequate working space.
3. Install and use this product on a flat, level, non-slip, and stable surface.
4. Do not assemble, use or store this product outdoors or in damp locations.
5. Before use, ensure the assembly is correct and secure.
6. Before use, check for any damage.
7. Do not store or place the product in direct sunlight, high/low temperatures, humid conditions, or outdoors.
8. When using, ensure there is sufficient space for training.
9. Be careful not to pinch your fingers in between the plates when using it.
10 Do not modify this product.
11. We are not responsible for any defects caused by handling or modifications made by the customer.
12. If the product has not been used for an extended period, carefully check for any abnormalities.
13. We are not liable for any loss or damage caused intentionally or through negligence during use. Please be aware of this in advance.
14. Keep this manual in a safe place.
15. This dumbbell is not designed to be dropped. Do not drop.

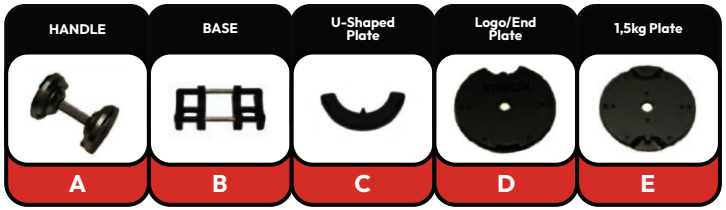
Weight Table

	1	2	3	4	5	6	7	8	9	10
LB	8.8	12.1	15.4	18.7	22	25.3	28.6	31.9	35.2	38.5
KG	4	5.5	7	8.5	10	11.5	13	14.5	16	17.5
	11	12	13	14	15	16	17	18	19	20
LB	41.8	45.1	48.4	51.7	55	58.3	61.6	64.9	68.2	71.5
KG	19	20.5	22	23.5	25	26.5	28	29.5	31	32.5
	21	22	23	24	25	26				
LB	74.8	78.1	81.4	84.7	88	91.3				
KG	34	35.5	37	38.5	40	41.5				

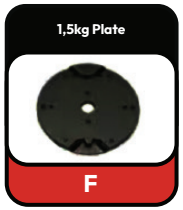
Accessories List

When you receive the product, be sure to check all parts and accessories.

BOX #1



BOX #2



Assembly Notes:

Please check your delivery to confirm you have received the correct number of parts.

- 41.5kg should have 24 x E/F plates, 2 x C plates, 2 x B and 2 x A.

Do not operate your dumbbell if any part is missing and contact your seller immediately.

Parts & Assembly

Disassemble Dumbbell from Box



Assemble Dumbbell

