STEALTH EQUIPMENT

PRODUCT FAQS · 06

BENCH MECHANISMS & SAFETY

CUSTOMER GUIDE

SECTION 06

BENCH MECHANISMS & SAFETY

Q How does the backrest adjustment work?

The bench uses a ladder-step system. The support rides up over the steps as you raise the backrest, then drops into the step you choose. This upward movement is normal and not a fault.

Q How do I raise the backrest?

1. Remove all weights from the bench.
2. Stand beside the bench and hold the backrest firmly.
3. Lift it upwards in a controlled movement.
4. Lower it until the support is fully seated in the required step.
5. Apply light pressure to confirm it is secure.

Q How do I lower the backrest?

Lift it slightly so the support clears its current step, guide it to the lower setting, then lower it until fully engaged.

Do not allow the backrest to fall freely between positions.

Q Do I need to pull or release a pin?

Not to change the backrest angle. Normal adjustment only uses the ladder steps.

The pin only needs to be removed when folding the bench flat for storage. When you take it out of storage, raise it back up and refit the pin fully before use.

Q How do I know the backrest is locked correctly?

The support should sit fully inside a step, not on its edge, and the backrest should not move under light pressure.

Never begin an exercise while the support is between positions.

SECTION 06

BENCH MECHANISMS & SAFETY (CONT.)

Q Why does the backrest drop when I put weight on it?

Stop using the bench immediately.

The support was probably not fully seated in a step, or the mechanism is misaligned or damaged. Do not use it again until it engages securely.

Q What is the bench's maximum load?

450kg maximum unified load. This includes the user and all equipment. Do not exceed it.

Q How do I fold and store the bench?

Only fold it when completely unloaded. Keep hands clear of the hinge and frame gaps.

Do not allow any section to drop under its own weight.

Once folded, make sure the folded sections are secured by the locking pin, and store it indoors somewhere dry.

Q When should I stop using the bench?

Stop immediately if the backrest or seat will not lock, the frame or a weld is damaged, a fixing keeps loosening or the bench moves unexpectedly under load.

CONTACT SUPPORT

Need help? Contact us through the Assassin Goods Help Centre.

Search for your question, or start a new message. Messages keeps your conversation, order number, photographs and replies together in one thread, so you never need to explain the same problem twice.

HELP CENTRE	**assassingoods.com/pages/help-center**
PHONE	**01768 631630**
HOURS	**9am – 5pm, Monday to Friday**
RESPONSE	**Within one working day**
BASED	**Penrith, Cumbria**

When to contact us

- Your equipment feels unsafe, does not lock correctly or shows structural damage (stop using it first)
- A selector or handle problem remains after checking the plate arrangement
- Your order arrives damaged, incomplete or delayed
- You need a replacement part or are unsure which component you need
- You want to check compatibility before ordering an upgrade
- You need to start a return or warranty claim

What to include

1. Your order number
2. Product name, edition and maximum weight
3. A clear description of the issue and when it started
4. Photographs of the complete product and the affected part
5. A short video if the issue involves movement, noise or adjustment